

ICBC motorcycle safety tips



Whether you're a rider or a driver, these safety tips can help prevent motorcycle crashes and serious injuries.

Motorcycles are smaller than passenger vehicles, harder to see and don't offer the protection of a frame, seatbelts or airbags. In B.C., drivers are at fault in nearly 80 per cent of motorcycle crashes where the rider is seriously injured. Read our safety tips to learn how we can reduce crashes and injuries through better driving habits and wearing

the right gear on every ride.

Motorcycle rider safety

Training and years of riding experience can make the difference when it comes to avoiding a crash. Reduce your chances of crashing or being seriously injured by following these safety tips:

- Practice emergency braking and obstacle avoidance. Brush up on core skills in a safe place like an empty parking lot if you haven't ridden for a few months.
- Be seen. Do your best to stay out of a driver's blind spot.

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Next Breakfast/Brunch

Saturday, May 5



WHERE:

Olympic View Golf Club 643 Latoria Road Victoria, BC

WHEN:

9:30 am at the Clubhouse



Plan your path through the corner

- Watch drivers for clues. Never assume they've seen you or will give you the right-of-way, they may not accurately judge your distance or speed.
- Use your signals. Let drivers know what you plan to do so they can anticipate your next move and react in time.
- Plan your path prior to a curve. Look where you want to go and then adjust your lane position and speed to exit smoothly.
- Ride at a safe speed. Manage your speed to leave ample time to stop or steer out of a vehicle's path.

The first ride after a long break can often leave you feeling a little rusty. ICBC's Learn to ride smart and Tuning up for riders guides provide great information for bringing your knowledge and riding skills back up to par.

Motorcycle passenger safety

Remember that it's all the gear, all the time for passengers too! You're responsible for ensuring your passenger wears an approved motorcycle helmet and is seated properly. To carry a passenger, your motorcycle must be equipped with passenger foot pegs or footboards, and the passenger must keep their feet on the pegs or boards while seated on the motorcycle. If their feet don't reach the foot pegs, it's illegal for them to ride.



A passenger will affect how you ride due to the extra weight and movement so be prepared to adjust for the change by taking a practice ride in a safe place. Make sure your passenger is safe and comfortable riding with you.

Sharing the road safely with motorcycles

Motorcycle crashes in B.C. peak in the summer as warmer weather and conditions bring more riders onto the road. Six out of ten crashes involving a motorcycle in B.C. happen at an intersection. Police report that driver distraction and drivers who fail to yield are the top factors in car crashes with motorcycles (2011-2015 police data).

You can help prevent a crash with a motorcycle by following these tips:

- Scan intersections carefully and take an extra moment to look for motorcycles when you're turning left.
- Stay alert and avoid distractions that take your mind off driving or your eyes off the road.
- Allow at least three or four seconds of following distance when behind a motorcycle and plenty of lane space when you pass.
- Be ready to yield as a motorcycle is often closer than it seems. Remember it can be hard to tell how fast they're travelling.



All the gear, all the time

Most crashes involve falling off your motorcycle but street clothes won't protect you from injuries. Good riding gear can save you from road rash, broken bones, or worse. So the real question is, why wouldn't you wear all the gear, all the time?

Choose the right gear

Wearing the proper gear can save your skin in a crash. Follow our guidelines on choosing gear that provides the most protection for you.

Full-face helmet

The helmet is the most important piece of gear to protect against head injuries and fractures. Choose one with a full-face visor to guard against flying debris, watery eyes, and of course, bugs.

Leather or heavy fabric jacket

Increase your visibility with reflective material and bright colours. When it comes to impact and abrasion protection, leather can't be beat. However heavy textile or synthetic jackets offer comparable safety with added comfort in warmer weather.

Leather gloves that cover your wrists

In a crash, your hands may be the first part of you to hit the pavement. Be sure to choose sturdy gloves that cover your wrists and are made for motorcycle riding work and mechanic's gloves simply



don't cut it.

Abrasion-resistant pants with knee pads

Legs take most of the impact in a crash. Leather offers superior protection against exhaust burn, road rash, crushing, and dislocation, but textile riding pants are more versatile in varying weather conditions.

Heavy over-the-ankle boots with low heels

Good boots (avoid steel-toed) secure your feet on the foot pegs and road surfaces. Proper boots can prevent torn ligaments, sprains or even broken bones.

Wear an approved motorcycle helmet

All motorcycle riders and passengers must wear helmets that meet safety industry standards — it's the law in B.C. Protecting your head is one of the most important factors in preventing or reducing serious injuries.

Choose a helmet that meets or exceeds one of these safety standards:

Snell M2015

Snell M2010

Snell M2005

DOT label

ECE label

Ensure that your brand new helmet features:

- the proper label and meets safety-helmet labelling requirements (check the manufacturer's manual for an expiry date);
- a bright, visible colour (and add reflective tape to the sides and back); and
- a full-face helmet for the best protection in a crash.

When to replace your helmet

Any helmet that's been in a crash should be replaced immediately. It's also recommended that you consider replacing your helmet if it's been dropped or shows any sign of wear.



tuning up for riders a workbook for learning to ride



Tuning Up for Riders

Tuning up for Riders can help you prepare for your road test, whether you're in graduated licensing, a new resident or studying for a re-exam. Each session covers essential driving skills. We recommend using this guide along with Learn to Ride Smart.

Read and study online

http://www.icbc.com/driver-licensing/driving-guides/ Pages/Tuning-Up-for-Riders.aspx



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Club 2018 Event Schedule

Date	Event	Location
TBD May 2018	Annual BCCOM MLA Ride	Victoria
Saturday, May 5, 2018	Monthly Gathering	Olympic View Golf Course
Saturday, May 5, 2018	BMW Demo Day	Island BMW
Sunday, May 20, 2018	Monthly Ride	Rampant Lion/Maple Bay
May 24 - 28, 2018	49er Rally	Mariposa, California
Sunday, May 27, 2018	Vancouver Island Ride to Live	The Local - 1205 Wharf Street
Sunday, May 27, 2018	Vancouver Ride to Live	Trev Deeley Vancouver
Sunday, June 3, 2018	Monthly Gathering	Shady Rest Pub, Qualicum Beach
June 16 - 17, 2018	Up Island Event	TBD - Volunteer Needed
June 29 - July 1, 2018	Chief Joseph Rally	John Day, Oregon
Saturday, July 7, 2018	Monthly Gathering	Saltspring Island
Sunday, July 22, 2018	Ride to Brunch	BW Prestige Oceanfront, Sooke
July 12 - 15,2018	BMWMOA National Rally	Des Moines, Iowa
July 19 - 22, 2018	Cascade County Rendezvous	Republic, Washington
July 19 - 21, 2018	BMW RA National Rally	Wellsboro, Pennsylvania
Friday, July 27, 2018	BMW Demo Day	Island BMW
Saturday, August 4, 2018	Monthly Gathering	Pioneer House, Duncan
TBD August 2018	Victoria Classic Motorcycle Show	Western Speedway
August 9 - 12, 2018	43rd Stanley Stomp Rally	Grandjean, Idaho
August 16 - 18, 2018	Hotsprings Rally	Nakusp, BC
Saturday, August 25, 2018	Club BBQ	Chez Randy